

January 2017 Lunch



**KEYSTONE
FOOD SERVICE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	3 NO SCHOOL	4 Meatball Sub Carrots Sticks French Fries Fruit Salad Bar Milk	5 BBQ Pork Loin Mashed Potatoes/Gravy Dinner Roll Fruit Salad Bar Milk	6 Pizza Caesar Salad Fruit Salad Bar Milk
9 Soft Beef Taco Refried Beans Spanish Rice Chips and Salsa Fruit Salad Bar Milk	10 Chicken Penne Pasta Green Beans Breadstick Fruit Salad Bar Milk	11 Deli Wrap Italian Salad Ruffles Fruit Salad Bar Milk	12 Country Fried Steak Mashed Potatoes Gravy Roasted Carrots Dinner Roll Fruit/Salad Bar Milk	13 Chili Fritos Beans Fruit Salad Bar Milk
16 NO SCHOOL	17 Lasagna Green Beans Breadstick Fruit Salad Bar Milk	18 Orange Chicken Lo Mein Noodles Steamed Broccoli Fruit Salad Bar Milk	19 Pork Carnitas Taco Refried Beans Spanish Rice Chips Salsa Fruit Salad Bar Milk	20 Cheeseburger (lettuce,tomato,pickles) Tater Tots Fruit Salad Bar Milk
23 Spaghetti with Meat Sauce Caesar Salad Breadstick Fruit Salad Bar Milk	24 Chicken Pot Pie* Roasted Carrots Fruit Salad Bar Milk	25 Taco Soup Beans Chips & Salsa Fruit Salad Bar Milk	26 French Dipped Sandwich* French Fries Fruit Salad Bar Milk	27 Pigs in a Blanket Mac & Cheese Green Beans Banana Pudding Dessert Fruit Salad Bar Milk
30 Chicken and Noodles Roasted Carrots Dinner Roll Fruit Salad Bar Milk	31 Rigatoni Green Beans Breadstick Fruit Salad Bar Milk	1 Pineapple Glazed Ham Ranch Roasted Potatoes Dinner Roll Fruit Salad Bar Milk	2 Chicken Taquitos Beans Spanish Rice Chips Salsa Fruit/Salad Bar Milk	3 Stromboli Marinara Garden Salad Cinnamon Stick Fruit Salad Bar Milk

January 2017 Breakfast



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	3 NO SCHOOL	4 French toast bites Fruit Juice Milk	5 Sausage Biscuit Fruit Juice Milk	6 Cinnamon Roll Fruit Juice Milk
9 Pancake on a Stick Fruit Juice Milk	10 Biscuit and Gravy Scrambled Eggs Fruit Juice Milk	11 Blueberry Muffin Trix Yogurt Fruit Juice Milk	12 Toast Scrambled Eggs Fruit Juice Milk	13 Breakfast Bagel (Sausage,egg,cheese) Fruit Juice Milk
16 NO SCHOOL	17 Breakfast Scramble Toast Fruit Juice Milk	18 Oatmeal &Topping Bar Fruit Juice Milk	19 Donut Fruit Juice Milk	20 Breakfast Pizza Flatbread Fruit Juice Milk
23 French Toast Sticks Scrambled Eggs Fruit Juice Milk	24 Blueberry Pancake Bites Fruit Juice Milk	25 Breakfast Burrito Fruit Juice Milk	26 Biscuit and Gravy Fruit Juice Milk	27 Cinnamon Roll Trix Yogurt Fruit Juice Milk
30 Waffles Sausage Fruit Juice Milk	31 Cinnamon Toast* Scrambled Eggs Fruit Juice Milk	1 Biscuit and Gravy Fruit Juice Milk	2 Muffin Trix Yogurt Fruit Juice Milk	3 Breakfast Taco Fruit Juice Milk

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER